

MILK IS 1% UNFLAVORED MILK/FAT FREE FLAVORED MILK

# **DECEMBER 2025**

LARAWAY CCSD 70C



#### ALL GRAINS SERVED ARE WG OR WGR

#### Monday

Cheese Burger 29g
Fries 30g
Lettuce/Tom 2g
Pickle 1g
Fruit 15g
Milk W 11g/ C 19g/ S 22g

### Tuesday

Beef Birria Tacos 30g Spanish Rice 23g Black Bean Salsa 15g Fruit 15g Milk W 11g/ C 19g/ S 22g

# Wednesday

Italian Deli Wrap 30g (ham, salami, cheese) Pasta Salad 25g Fruit 15g Milk W 11g/ C 19g/ S 22g

## Thursday

Chicken & Vegetable Lo Mein 40g Vegetable Egg Roll 25g Fortune Cookie 7g Sweet Sour/Soy Sauce 10g Fruit 15g Milk W 11g/ C 19g/ S 22g

## Friday

Chicken Alfredo Pizza 36g Fresh Broccoli/ Ranch 3g Fruit 15g Milk W 11g/ C 19g/ S 22g

Beef Hot Dog 28g BBQ Baked Beans 24g Fruit 15g Milk W 11g/ C 19g/ S 22g Beef, Bean & Cheese Burrito 45g Southwest Corn 16g Fruit 15g Milk W 11g/ C 19g/ S 22g Jambalaya Pasta 40g Salad 3g Fruit 15g Milk W 11g/ C 19g/ S 22g Turkey & Cheese Sub 40g
Lettuce/Tomato 2g
Sun Chip 18g
Fruit 15g
Milk W 11g/ C 19g/ S 22g

Beef Pizza Puff 35g Carrots/Celery/Ranch 6g Fruit 15g Milk W 11g/ C 19g/ S 22g

Popcorn Chicken 16g
Tater Tots 20g
Hot Carrots 6g
Fruit 15g
Milk W 11g/ C 19g/ S 22g

Walking Taco 32g
Black Bean Salsa 15g
Fruit 15g
Milk W 11g/ C 19g/ S 22g

Philly Steak Sandwich W/ Mozzarella 40g Cole Slaw 18g Fruit 15g Milk W 11g/ C 19g/ S 22g Chicken Wings 8g 18
Maccaroni & Cheese 30g
Broccoli 4g
Fruit 15g
Milk W 11g/ C 19g/ S 22g

NO

LUNCH



















Food Allergies & Intolerances are only accommodated with Physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre- K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG-Whole Grain rich meal component. Fresh Fruit= a possible serving of fresh apple, oranges, banana, pear, berreis, grapes and melon. This institution is prohibited from discrimination is prohibited from discrimination problems. Program of disability, Questions or Comments regarding menu, please contact: Houston Capital (IRST)277-27196 or hearnter[IRST)277-27196 or hearnter